Trends in tobacco and nicotine use in the United States – March 2018 version

The two charts that follow are annotated to show key features of the most recent data on youth smoking in the United States. The first is from the National Youth Tobacco Survey, published June 2017¹.

**Figure 1: changes in patterns of youth nicotine use United States 2011-16**

The second is from the 2016 University of Michigan Monitoring the Future survey, which has a time series dating back to 1975 for 12th grade smoking², showing an unusually rapid decline in teen smoking.


The third and fourth shows that the use of e-cigarettes is far less problematic than the headline numbers might suggest. Though e-cigarette use rose sharply, from 2011-15 then fell back in 2016, much of this was occasional or experimental use\(^3\). Also, students reported that most of their use did not involve nicotine\(^4\).

Finally, after stalling 2004-9, adult smoking has been falling at a very rapid rate as vaping has risen\(^5\).

Vaping in the United States should be seen as a public health success in driving out smoking and a clear case of the ‘harm reduction’ approach working for public health.


\(^4\) Miech R, Patrick ME, O’Malley PM, Johnston LD. What are kids vaping? Results from a national survey of US adolescents. Tob Control.; 2016 [link].

\(^5\) National Center for Health Statistics, National Health Interview Survey, 1997–2017, Sample Adult Core component. Figure 8.1. Prevalence of current cigarette smoking among adults aged 18 and over: United States, 1997–September 2017. [link]